

# Community Resource List for ICSAtlanta Families

Resources are provided by Georgia's K-12 Restart Working Groups/ Georgia DOE

<b><u>Mental Health Resources</u></b>	
<p><b>Mental Health Support (All Ages):</b></p> <p>These mental health resources are appropriate for children of all ages.</p>	<ul style="list-style-type: none"> <li>● <b>General Mental Health Support:</b> <ul style="list-style-type: none"> <li>○ <a href="#">Dept of Behavioral Health and Developmental Disabilities:</a></li> <li>○ <a href="#">Office of Children, Young Adults and Families:</a></li> <li>○ <a href="#">Mental Health America, of Georgia:</a></li> <li>○ <a href="#">NAMI</a></li> <li>○ <a href="#">Peer2Peer Warm Line</a> 1-888-945-1414</li> </ul> </li>   <li>● <b>Crisis Support:</b> <ul style="list-style-type: none"> <li>○ Georgia Crisis &amp; Access Line <b>800-715-4225</b> 24/7 support to help you or someone you care for in crisis.</li> <li>○ <a href="#">My GCAL Text &amp; Chat</a>- Resource for Crisis .</li> <li>○ <a href="#">National Suicide Prevention Life Line</a> 1-200-273-8255</li> <li>○ <a href="#">National Human Trafficking Hotline</a> 1-888-373-7888 or TEXT 233733</li> <li>○ <a href="#">Partnership Against Domestic Violence</a></li> </ul> </li>   <li>● <b>Support for Grief:</b> <ul style="list-style-type: none"> <li>○ <a href="#">Coalition to Support Grieving Students</a></li> </ul> </li> </ul>
<p><b>Mental Health Support (Teens)</b></p>	<ul style="list-style-type: none"> <li>● <a href="#">VOX Atlanta Teen Communication</a></li> </ul>
<p><b>COVID-19 Specific Mental Health Resources</b></p>	<ul style="list-style-type: none"> <li>● <a href="#">Children's Healthcare of Atlanta COVID 19</a> Info and Updates</li> <li>● <a href="#">Children's Healthcare of Atlanta Parenting Resources during COVID-19</a></li> <li>● <a href="#">Department of Behavioral Health and Developmental Disorders Covid Resources:</a></li> <li>● Georgia COVID-19 Emotional Support Line <b>866-399-8938</b> 24/7 free and confidential support for people needing emotional support or resources during the COVID-19 pandemic</li> </ul>

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	<ul style="list-style-type: none"> <li>● <a href="#">Georgia School Counseling Association COVID 19 Resources</a></li> <li>● <a href="#">"Joey the Kangaroo and her Coping with COVID Plan"</a> Online Book for Kids</li> <li>● <a href="#">World Health Association <i>Healthy at Home</i></a></li> </ul>
<p><b>Mental Health Resources for Parents</b></p>	<ul style="list-style-type: none"> <li>● <a href="#">2X2 Series: Daily Self Care Tips and Support for Managing Life</a></li> <li>● <a href="#">CDC Coping with Stress</a></li> <li>● <a href="#">Georgia Parent Support Network</a></li> <li>● <a href="#">Strong4Life</a></li> </ul>
<p><b><u>Wellness/Physical Health Resources</u></b></p>	
<p><b>Wellness/Physical Health Resources</b></p>	<ul style="list-style-type: none"> <li>● <a href="#">Action for Healthy Kids</a> - Ideas for Physical Activity, Nutrition, Mindfulness, &amp; Play</li> <li>● <a href="#">Alliance for a Healthier Generation</a> - Resources for Parents, Caregivers, &amp; Educators</li> <li>● <a href="#">Find a Health Center</a></li> <li>● <a href="#">Georgia Chapter of American Academy of Pediatrics</a></li> <li>● <a href="#">Georgia Department of Public Health Maternal and Child Health Coordinator Locator</a></li> <li>● <a href="#">Georgia Shape (childhood obesity) : Healthy Habits</a></li> <li>● <a href="#">GaDOE Whole Child Toolkit</a></li> <li>● <a href="#">Lessons on Germs from Metro RESA</a></li> </ul>